

7-DAYS DECLUTTERING CHECKLIST

DAY 1 : CLOSET

- clothes you never wore for years
- shoes and boots you never wore anymore
- clothes that don't fit your style
- non-metal jewelry you never wore for years
- bags you never use for years / you don't like

DAY 3 : KITCHEN

- broken kitchen utensils
- tupperware and bottles without lids
- old cutting boards
- expired herbs, spices, foods
- never used utensils

DAY 5 : DECORATIONS

- decorations that doesn't suit your home's style
- decorations that you don't like
- broken decorations
- decorations that make your home look messy
- bulky decorations that take too much space

DAY 7 : HOME OFFICE

- dried out pens and markers
- unimportant documents you don't need anymore
- broken office supplies (pens, ruler, etc)
- old, broken keys
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DAY 2 : ELECTRONICS

- unused cords
- old cords and adapters
- electronic devices that have been broken for months
- old CDs
- old electronic devices that aren't relevant today

DAY 4 : BATHROOM

- old brushes
- expired medicine, skin care, and makeup
- old bath toys
- ripped towels and mats
- unused/empty bottles

DAY 6 : CRAFTS AND TOYS

- drawings from school years (make it digital instead)
- broken toys
- outgrown toys and costumes
- incomplete games

